Lisa von Burkleo

Sunshine Health Mine, a natural treasure tucked away in the mountains of Boulder, Montana, once beckoned gold seekers to try their luck. Today, it is visited by those looking for something much more valuable—better health and relief from pain. For over 50 years, thousands of people have come from around the world to spend time in the mine and find relief from many debilitating conditions (see box below).

The secret to their relief and experience of overall better health lies deep in the ancient granite and its naturally occurring radon gas. When inhaled, radon is released into the bloodstream and circulates throughout the body. The body responds with reactions in the hormonal and nervous systems. The body’s assimilation of radon, a process called radiation hormesis, works directly on stimulating the immune system, allowing the body to heal itself naturally.

Although a relatively new idea in the United States, radon in its many forms may be one of mankind’s oldest therapies. In Europe, the use of hot springs with high radon content dates back over 6,000 years. For over eight centuries, numerous radioactive hot springs in Japan have been enjoyed and respected for their healing properties. Today more than 75,000 patients seeking a natural arthritis cure visit modern radon therapy clinics and underground galleries for the sole purpose of radon inhalation. European countries such as Austria, Germany, and Russia operate medically supervised clinics where patients can receive doctor-prescribed treatments that are paid for by health insurance. Clinical, double-blind studies in these countries report findings substantiating claims of pain and symptom relief, and in some cases, complete healing or remission of the aforementioned conditions.

Despite the popularity and documented success of radon spas in other countries, western medical establishments in the U.S. have been reluctant to endorse an alternative treatment such as radiation hormesis, where the use of pharmaceutical products would be limited or obsolete. Medical professionals shy away from the idea that radiation in any form can be a safe alternative to drugs or other conventional treatments that are invasive and often have dangerous side effects.

Historically, any risks associated with radon have been examined through the “no threshold” model, which states that because high levels of radiation are harmful, any amount of the

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Radon Therapy has been found by many to have beneficial long-term effects for these (and many other) health challenges:

Ankylosing Spondylitis  
Diabetes Type I & II  
Migraine Headaches  
Arthritis (OA, RA, JRA, etc.)  
Eczema, Psoriasis  
Asthma, Emphysema  
Multiple Sclerosis (MS)  
Behcet’s Disease  
Fibromyalgia  
Post Polio Syndrome (PPS)  
Bronchitis  
Prostate (BPH)  
Bursitis, Gout  
Hay Fever, Sinus  
Breast Cancer  
High Blood Pressure  
Scleroderma  
Chronic Pain, Carpal Tunnel  
Inflammation  
Lupus (SLE)  
Ulcerative Colitis  
Circulation, Mobility  

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A beautiful Place For Healing

The Sunshine Radon Health Mine operates primarily for those looking for alternative and or complimentary treatment for existing pain and health issues. We have been a health business for over 50 years. Low perfectly safe levels of radon initiate positive changes throughout the body and many clients experience relief not only from what they have come for, but additional health problems as well. It is our hope that Montanans will reap the benefit of having this choice so very close to home. Visit our website or call us for detailed information about radon therapy and our rates & accommodations. The Artisan Studio and Gift Gallery offers artist workshops and “Made in Montana” artisan products.

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